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Contact Us

CFHA Maintenance

(928) 213-2731

East Flagstaff Housing

Jayne Wittman, Housing Spec.

Email: jwittman@flagstaffaz.gov

Phone: (928) 213-2735

Fax: (928) 526-3734

Hours: M-F from 8am - 5pm

Flagstaff Housing West

Patricia Sauers, Housing Spec.

Email: psauers@flagstaffaz.gov

Phone: (928) 779-1887

Fax: (928) 779-5801

Hours: M-F from 8am - 5pm
(closed 12pm - 1pm)

Clark Homes

Amanda Thomas, Housing Spec.

Email: athomas@flagstaffaz.gov

Phone: (928) 779-1247

Fax: (928) 779-2175

Hours: M-Th from 8am - 6pm
(closed 12pm - 1pm)
& Fri 8am - 12pm

General Phone: (928) 213-2730

"Winter is the time for comfort,
for good food and warmth,
for the touch of a friendly hand
and for a talk beside the fire:
it is the time for home."
— Edith Sitwell



Accountability Calendars

An accountability calendar can help you start a new habit or learn a new skill! Starting something new like exercise, writing, reading, practicing, or training a new skill is challenging, but an accountability calendar helps:

- Identify what you want to change.
- Buy, draw, or print a monthly calendar dedicated to this change; post it where you'll see it daily.
- Set a daily goal for your new habit, then set a stretch goal.
- Identify a visual reward for the days you meet your goal and your stretch goal such as highlighting your calendar day or adding stickers to your calendar.
- Visual cues of your work and a buddy help you reach your goal!

Kick off a new year with a new practice or skill, starting now!

Library Resources

Flagstaff Libraries are here to help community members of all ages in need of printing and internet access!

Downtown Library: Computer reservations are 10:00 am-2:00 pm, Monday to Friday. Printing and book hold services are available from 10:00 am-4:00 pm. Call (928) 213-2331 for details.

East Library: Computer reservations, book holds and printing services are available from 2:00 pm-6:00 pm, Monday through Wednesday and 10:00 am-2:00 pm Friday and Saturday. Homework Help is available Tuesday and Thursday from 3:00-5:00 pm. Call (928) 213-2348 for details.

COVID-19 Precautions & Operational Changes

CFHA Information

Front Lobbies of all offices are currently closed. We cannot permit anyone in the office who does not have a scheduled appointment and we will begin scheduling appointments where required for Residents soon. Staff are still in the office to serve residents. If you need to speak to your specialist or other staff, please call. We are working on a plan that will bring us back to limited operation. During the limited operation we will be controlling the number of people allowed in the lobby at any given time. As part of this rent payments will not be accepted at any of our front desks, but a secure drop box will be installed at each office. **Please make sure your name and address are clear on your rent payments and to keep your money order receipts. Housing Authority receipts will be mailed if there is a credit or a balance due.**

If you pay by Money Order please be sure to detach your money order receipt before you put the rent in the drop box. This receipt is your proof that you bought the money order, and will help you obtain a replacement if one is needed.

Maintenance Work Orders

Please continue to call in all work orders to **213-2731**. It is not necessary to call more than once. **All routine Work Orders are now done by appointment only, so please be sure to include a call back number in your message.** Please also be aware that no work orders will be performed when there are minors who are home with no adult present.

When our Maintenance professionals are in your home, **make sure that nobody is in the same room while they are working and windows are open.** If they are unsure of conditions in the home they may check with Management for their own safety. All other work orders will be completed once we can ensure that staff and residents will be at minimal health risk.

We are unable to pick up items from the curb. To keep our developments neat, please place bulky items on the curb the day before the bulky item pickup noted on the calendar. For your own safety please do not disturb items left at the curb nor those in dumpsters.

Change Reporting

We will be processing rent reductions with an expedited process to insure that rents remain appropriate and affordable. When reporting your change, please provide sufficient information for your Specialist to be able to determine your income. We are currently waiving face-to-face appointments, but it is very important that you return all documents with

proper signatures to the office. When we have received your signed documents we will sign and return copies to you through the mail.

Clark Homes Neighborhood Network and the SHAC are currently closed and activities suspended.

Annual Recertifications

Annual recertifications will be performed by mail. The Flagstaff PD is again running background checks. **Effective October 17, 2020 the new ACOP has been passed. Based on this families in Public Housing will only need to supply background checks on adult household members, not 16 and 17 year olds. The verification requirements for paystubs has also been changed. You will now only need to supply six (6) paystubs if you are paid weekly, four (4) if you are paid biweekly or twice monthly.** If you are unable to provide certain verifications (other than income) with your recertification packet please include a note which indicates this. When we receive your packet with sufficient information to determine rent, a Family Worksheet and Lease Addendum will be sent for your signature. Please return the signed paperwork promptly. When received your specialist will sign the paperwork and send you a copy. An office appointment will be required when our lobby has reopened so that you may provide the record check, any missing documentation, and review the results of the recertification.

Community Service

HUD has issued a waiver for Community Service. At this time those previously required to perform community service are not required to do so until their first annual recertification completed after April 1, 2020. Additionally we will not be reviewing community service status for anyone until the first annual recertification completed after April 1, 2020. This waiver expires April 1, 2021.

To protect the health of our Residents and Staff all Annual Inspections for Public Housing are cancelled through the end of 2020 as allowed under PIH Notice 2020-13. Please be sure to report maintenance needs as usual. Special Inspections may still be done if the need arises. Annual Inspections at Clark Homes are postponed until further notice. Please be aware that HUD intends to begin scheduling REAC Inspections. If one of our developments is scheduled for this the inspection must take place.

Lastly, Clark Homes and Public Housing newsletter will be combined for the time being.

Welcome: Officer Matt Schmidt Our New Housing Officer

To all my new friends at the Housing Authority, Siler, Brannen, and Clark Homes:

My name is Matt Schmidt and I have been given a great opportunity to become the new Housing Officer. I can't wait to meet you all at some point once my current position is filled. I was given this opportunity with the recent retirement of Officer Brown. I have been with the Flagstaff Police Department for nearly 14 years and have lived in the Flagstaff area for over 30 years. Outside of work, my main hobby is coaching youth sports. I thoroughly enjoy working with the youth of our community and can't wait to hang out with you all from time to time. I am expecting to be full time Housing Officer by the first week of December so you will see me roaming around shortly after that. I am eager to be very active within the Housing Authority communities, whether it be a pickup game of basketball, soccer or some whiffle ball. As for the adults, I am here to answer as many questions as I can and help out whenever possible. Please don't be afraid to contact me with any questions or ideas you may have.

Sincerely,

Officer Matt Schmidt

Officer Matt Schmidt
Flagstaff Police Department

Get Your Flu Shot!

Flu shots help prevent and minimize the flu and this year it is as important as ever to avoid health complications. The flu shot is especially important for babies, pregnant women, and the elderly. Walk-in flu shot locations include: Bashas', CVS, Safeway Pharmacy, Sam's Club, Fry's Pharmacy, Walgreens, and Wal-Mart.

For more on the flu, see [cdc.gov/flu](https://www.cdc.gov/flu).



Prop 207: Marijuana Legalization

Arizona Proposition 207 passed during the 2020 election cycle. Prop 207 legalizes the possession and use of marijuana for persons who are at least 21 years of age. **However**, CFHA programs are federally funded and marijuana possession and use, including medical marijuana, violate residents' leases.

Marijuana use and possession continue to be grounds for program termination.

Lost & Found

If you have misplaced keys for your home or mailbox, then check with the front desk: (928) 213-2730. Be prepared to describe what was lost (mail key, house key, etc.) and what was attached to any keys or other items you misplaced.



House too cold? We can help.

Attend a **FREE** virtual Home Energy Efficiency (HEE) workshop and receive a supply kit and tips to help save money and energy in your home or apartment.



Home Energy Efficiency Workshop Dates

Wednesday,
November 4,
2020
6:00 pm

Wednesday,
December 2,
2020
6:00 pm

Thursday,
January 7,
2021
6:00 pm

Use this code to register
OR Call 928-213-2144



or visit www.flagstaff.az.gov/HomeEnergyEfficiency



Apply for the CFHA Board

The Board of Commissioners sets policy and direction for the CFHA. The Board meets each month on third Thursdays at 10:00 am. Meetings are currently online, though they will return to in person in the future. Learn more at flagstaff.az.gov/994; apply at flagstaff.az.gov/1883.

Recipe of the Month:

Baked Chicken Pesto with Sourdough

Ingredients

4 skin-on chicken breasts	1/2 butternut squash
4 garlic cloves (1 minced)	4 Tbsp Olive Oil
1/4 c walnuts or pine nuts	1 cup fresh parsley
1 lemon	1/4 cup Romano cheese
3-4 thick slices of sourdough bread	



Directions

1. Heat the oven to 400 F.
2. Prepare ingredients: Slice squash into wedges, cut cheese into small pieces, zest and juice the lemon.
3. Place the chicken breasts, squash, three whole garlic cloves in a roasting pan or line a rimmed tray with foil. Season with salt and pepper, drizzle with olive oil.
4. Roast for 25-30 minutes until the chicken is cooked (juices will run clear when pierced at the thickest part) and squash is tender.
5. Meanwhile, mash together (or use a food processor) the garlic, nuts, herbs, lemon zest, lemon juice, Romano cheese, and olive oil into a rough paste. If needed, add a few drops of water.
6. For the last 5 minutes of the cooking time, tear bread into large chunks and add to the tray and drizzle with olive oil.
7. When bread is toasted, remove from heat, drizzle pesto, and serve!

Kids' Steam Corner: Melting Magic!

This simple science experiment is great for understanding water, volume, and introducing molecular structure.



- 1) Gather three matching jars or cups, preferably with lids or you can cover with plastic wrap.
- 2) In one, fill with water as a control.
- 3) In the second, fill with fresh snow from outside.
- 4) In the third, loosely fill with ice cubes.
- 5) Cover each container and let sit as they melt.

Meanwhile, ask questions of your young scientist!

- Q: Why should we cover the jars?
A: To minimize evaporation and keep things out!
- Q: Which jar will have the most water? Why?
A: Let the experiment sort this one out!
- Q: When they melt, which melted faster and why?
A: The snow melts faster because the air can warm its many sides better than the ice cubes.

When the ice and snow have melted, how did the kids respond? What were their expectations? Setting an initial expectation, called a **hypothesis**, and having a neutral **control** example helps in understanding outcomes, even if the hypothesis is wrong.

Ask Why: This experiment has to do with surface area and the water molecule. The snow has more surface exposed to the air, so it gains heat more quickly. The H₂O molecule freezes into snow, its angled structure and polarity makes hexagonal (six-sided) ice crystals, or snowflakes in the air. These snowflakes can take up a lot more space, but don't contain as many molecules as the ice cubes. Because of the H₂O molecule and crystal structure, water is more dense than the ice cubes which float!

Learn more at www.steampoweredfamily.com/activities/snow-ice-simple-science/.

Housing Choice Vouchers for Youth Exiting Foster Care

HUD has made limited funding available to provide Housing Choice Vouchers to assist Youth exiting the Foster Care System. CFHA has entered into an agreement with DCS that will allow us to administer this program. To be eligible, the Youth must:

- Be between 18 and 24 years of age;
- Left foster care, or will leave foster care within 90 days, in accordance with a transition plan described in section 475(5)(H) of the Social Security Act at age 16 or older; and
- Is homeless or is at risk of becoming homeless.

If you know any Youth that meet this criteria they may access the application and further information at dcs.az.gov/housing-voucher-application-request.

Protect Yourself from COVID-19

COVID-19 infections are on the rise. Keep yourself safe and help protect the most vulnerable in our community with CDC guidance:



- **Maintain 6 feet of social distance with those not in your home.** At work, the store, or out and about, social distancing helps minimize exposure.
- **Wash your hands often!** Use soap and water to scrub for at least 20 seconds, especially after being in a public place, blowing your nose, coughing, or sneezing.
- **Avoid touching your face!** If your hands haven't been washed recently, you want to avoid touching your eyes, nose, or mouth.
- **Use a mask or other face covering!** Face coverings help protect wearers and others from those with COVID-19, which people can have and pass on without symptoms for 14 days.
- **Wear masks properly!** Masks should cover your nose and your mouth with a tight seal around the edge so air passes through the filter, not around.
- **Clean and disinfect work spaces frequently!**
- **Get your flu shot!**



For more information, go to a reliable source such as cdc.gov/coronavirus/.

Food & Utility Resources

Family Food Center Services:

NEW: Friday Food Boxes

Thomas School every Friday from 10am-1pm and Killip Elementary from 9am-12pm hosts food box pickup with no additional paperwork! Call Henrietta Jackson, (928) 525-4930, for more info!

Home Deliveries

Call (928) 526-2211 to sign up for a delivery

Emergency Food Boxes

3805 E Huntington, Tues-Sat, 9am-1pm

To-Go Style Dinner

1903 N 2nd St, Daily from 4:00pm-5:30pm

Backdoor Lunch Program: Ring Bell for Lunch

1903 N 2nd St., Daily from 10am-2pm

Book Distribution & Kids' Raffle

Tues-Fri, 4:00-5:30pm at 1903 N 2nd St.

Flagstaff Unified Schools

Free Grab & Go Meals

Mon-Fri, 11:00am-12:30pm

Visit www.fusd1.org/grabandgo for locations

The Pantry by Golden Rule at 2573 E 7th Ave

Personalized food boxes for pickup W-Sun, 3pm-6pm

The Salvation Army Food Pantry

507 N. Humphreys St., 9am-12pm, 1pm-5pm, M-Th
Emergency food box application required with ID. Call (928) 774-1403 and ask about The Emergency Food Assistance Program, too!

Meals on Wheels (Area Agency on Aging)

If someone in your household is 60 years of age or older, call (877) 521-3500 to arrange for assistance.

These organizations help with utilities:

Coconino County Community Services,

(928) 679-7453, helps with electric, gas, and more.

Salvation Army of Flagstaff, (928) 774-1403, provides additional utility assistance.

St Vincent de Paul Help Line, (928) 774-6511, call back until you have a chance to speak to someone.

Unisource Payment Assistance offers payment extensions and flexible payment plans, call (877) 837-4968 or visit uesaz.com/electric-rates/.

APS offers additional services such as Project Share and Safety Net. Call 211 or go to aps.com/assistance.

Your Story Could be Featured in Next Month's Newsletter!

If you have news of accomplishments, original artwork, poetry, community group news, recipes, or if you just want to see something specific on the next newsletter, we want to hear from you! Send Caleb your stories or suggestions and they may be featured in next month's newsletter!

Drop off a letter at the Siler Homes office or send an email to caleb.alexander@flagstaffaz.gov.

December 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Trash Pickup</u> Clark Homes, Crestview, and Cedar	<u>Trash Pickup</u> All Sunnyside Scattered Sites <u>Recycling Pickup</u> Brannen and Verde	<u>Trash Pickup</u> Siler, Brannen, Steves, Alta Vista, Lockett, and Verde	<u>Recycling Pickup</u> Clark Homes, Cedar, and Crestview	<u>Recycling Pickup</u> Siler, Lockett, Alta Vista, Steves, and all Sunnyside Scattered Sites
Nov 30 <u>Bulky Trash Pickup:</u> Brannen & Verde	Dec 1 <u>Public Housing Rent Due</u> <u>Clark Homes Rent Due</u>	2 	3	4
7	8	9	10 	11
14 <u>Bulky Trash Pickup:</u> Clark Homes, Crestview, & Cedar	15 <u>Last day to turn in Public Housing Recert. Packets for March by 8am</u>	16	17	18 
21 <u>Bulky Trash Pickup:</u> East Scattered Sites, Siler, & Greenlaw	22 	23	24	25 <u>Christmas Day</u> <u>All Offices Closed</u>
28	29	30	31 <u>HAPPY NEW YEAR</u> 	Jan 1 <u>Happy New Year!</u> <u>All Offices Closed</u>